

Workplace Harassment

Recognize concerning behavior. Know how to report it.

01 Recognize the concern

Harassment may involve unwelcome conduct linked to protected characteristics, such as race, color, religion, sex, national origin, age, disability, or genetic information. The circumstances, frequency, severity, and applicable rules matter.

02 Understand how it may appear

Psychological • Physical • Verbal • Sexual • Digital

Examples include demeaning remarks, unwanted physical contact, sexual advances, exclusionary conduct, or abusive digital messages. These are descriptive categories, not automatic legal determinations.

03 Report safely and document facts

Use your employer's designated reporting channels, such as HR, a manager, or an alternative contact when the manager is involved. Record dates, events, witnesses, and relevant messages when safe to do so. You do not have to confront the person before making a report.

SEE SOMETHING? KNOW YOUR OPTIONS.

Raise concerns promptly through a trusted reporting channel.
Consult your workplace policy for procedures and available protections.